



Anti-Bullying: Lesson Plan 1

Being A Great Friend

EYFS/KS1

Lesson Plan 1 (EYFS/KS1)

Being A Great Friend

Students Will...

- ★ Learn how we can be a good friend.
- ★ Understand why we shouldn't tease or hurt others.
- ★ Learn why it's fun to have a friend who's different from you.
- ★ Talk about what their friends and family do to help them.

Teaching the Lesson...

You can use the PowerPoint Presentations alongside this lesson plan. The videos are also embedded in the PowerPoint.

Introduction – 10 minutes

Play Video:



['Celebrating Difference & Being a Good Friend'](#)

This gives students an introduction to the topic of celebrating difference. The video also introduces the character of Milly.

After watching the video ask two or three students to tell you who is in their family. Explain how these students' families are all different, some families will be big and some will be small.

Ask the students 'What does your family do to help you?' They may suggest things such as making me dinner, or helping me with my homework.

Activity 1: Celebrating Difference – 15 minutes

Explain how we are going to learn about each other's families. Set the students the task of drawing a picture of their family and writing one thing that their family does to help them.

Once the students have finished. Ask three students to stand at the front of the class with their picture and describe who is in their family.

Ask the students what differences they see between different student's families, ask the students to hold the pictures next to each other. Explain that these differences make the pictures more interesting when we put them together.

For Early Years and Year One, get your class to repeat back 'Difference is good' and 'Difference is interesting.'

Finish the activity and collect in the pictures.

Play Video:



['Why is It Fun to Have a Friend Who is Different From Me?'](#)

Milly talks about why it is fun to have a friend who is different from you. Milly explains how we can learn new things from our friends and how difference makes the world more interesting.

Ask your students to...

'Put your hand up if you have a friend who is different from you.'

Ask your students 'Why is it fun to have a friend who is different from you?'

You can repeat the idea that we can learn new things from a friend who is different from us, and that it makes the world a more interesting place.

Activity 2: Being a Good Friend – 5 minutes

Ask the class how we can be a good friend. Good suggestions could be:

- ★ Helping someone when they need help.
- ★ Saying kind things.
- ★ Listening when someone is talking.
- ★ Supporting someone.

Write these ideas on the board. Ask your students: 'How do we feel when people behave like this towards us?'

Explain that...

'One way to be a good friend is to think about how other people feel. We can practice this by learning a special sentence. It's called the 'Good Friend Sentence', and it goes like this: 'I wonder how they feel?' We can use that sentence before we do or say something so we think about how the other person will feel.'

Get your class to repeat back the sentence 'I wonder how they feel?'

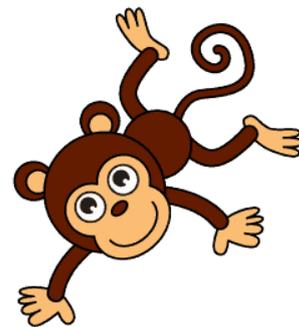
Activity 3 – Read Martha The Monkey – 10 minutes

Explain that you will be telling a story and that you want your students to think about how the characters in the story feel. Your students can practice using their 'Good Friend Sentence' which is 'I wonder how they feel?' at the appropriate moments in the story. The story has been written to be interactive, so there are lots of opportunities for your students to copy the sounds and actions of the animals.

Story Time: Martha The Monkey

Start with the PowerPoint on the picture Martha the Monkey.

Once upon a time, in the jungle, there lived a little Monkey named Martha. Every morning Martha would wake up and say 'Ooo, ooo, aah, aah'.



Martha lived with her Mum, Dad and her two little brothers. During the week Martha's Dad would take her to school, but they didn't walk, they would swing. They swung through the trees, woosh, woosh, woosh.

Next slide on PowerPoint.

As they swung through the trees, they could see for miles around them in all directions. They could hear the parrots say 'Squawk, squawk, squawk.' They could feel the breeze in their hair and they could see the sparkling of the waterfall down below.

When they arrived at school Martha would say 'See you later Dad!' And her Dad would wave good bye.

In Martha's class at school there were lots and lots of different animals.

Who can think of an animal that might live in the jungle?

Next slide on PowerPoint.

In Martha's class there were also three other little monkeys, they were called Sarah, Ishaal and Ben. During breaktime Sarah, Ishaal and Ben were all playing Snakes and Ladders. Martha was by herself, and she thought to herself 'I would like to play Snakes and Ladders as well, maybe I can join in.' Martha walked over to the other monkeys and said. 'Hi, can I play too?'

What could the monkeys say to Martha here?

But the Monkeys didn't invite Martha to play. They said 'No one asked you to play.' And turned away. 'Oh' said Martha.

Now we're going to think about how Martha might feel. I want you all to say 'I wonder how she feels?'

Who can tell me how Martha might feel?

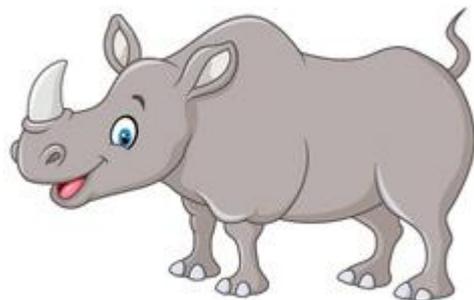
Martha the monkey felt sad and upset, and she didn't know what to do. She said 'Oh, okay.' And walked away.

'If you saw Martha by herself, what could you do to be a good friend?'

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Fortunately, Ruby the Rhino saw what happened, and saw that Martha was all by herself. Ruby trotted over to Martha and said, 'Would you like to come and play with me?'

How do you think that made Martha feel when Ruby asked her to play?



Martha was pleased to have made a new friend. Ruby the Rhino and Martha the Monkey started talking, and they learnt that there were lots of differences between them.

'How might Martha the Monkey be different from Ruby the Rhino?'

Martha and Ruby also enjoyed doing different things. Martha showed Ruby how she liked to swing in the trees.

'Look Ruby, watch me!' Shouted Martha. Ruby thought it looked like such good fun she joined in as well. 'Wee, this is so much fun!' Said Ruby.

Ruby liked jumping in the puddles, 'Look Martha, watch me make a splash!' Said Ruby. Martha thought it looked like great fun. 'Wow, let me try!' Said Martha.

Martha said 'It's fun to have a friend who is different from you.' 'Yes!' Said Ruby, 'I've learnt so much, I never knew how to swing through trees.'

'And I've never jumped in puddles before.' Said Martha.

At that moment it started to rain, so Martha and her whole class went inside for wet play. In the classroom there were toys for the students to play with, there was a toy train, building blocks and a small wooden horse. Martha sat down and started to play with the horse.

Next slide on PowerPoint.

The other Monkeys from Martha's class were there too. Ben was sat next to Martha and he saw her playing with the toy horse. Ben decided he wanted to play with the horse, so he walked over to Martha, and snatched it out of Martha's hand. Martha was surprised, and it hurt, 'Ow' said Martha.

How do you think Martha felt?

'I want to play with it.' Said Ben. But just at that moment, Martha and Ben's teacher Mr. Owen the Owl raised his head.

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He had seen Ben snatch the toy horse. He calmly walked over to Ben and said, 'Now I saw you snatch that toy Ben, I need you to play nicely and I want you to apologise to Martha.'

How do you think Ben felt?

Ben felt embarrassed and sad. He felt bad about the way he had behaved. He thought about what he could have done differently.

What could Ben have done differently? How could Ben have been a good friend?

Ben decided that he wouldn't snatch toys anymore, because it made him feel bad, and it upset his friends. He had made a mistake, and he wanted to say sorry.

Ben had an idea. He walked over to Martha and he said, 'I'm sorry I snatched the toy horse from you. Would you like to play with me?'

'It's ok. Yes, come and play with me and Ruby the Rhino.' Said Martha.

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Ben went and picked up the toy bricks and brought them over to Martha and Ruby. Martha, Ruby and Ben sat together for the rest of break time building a big tower. When the other students saw how big the tower was, they said 'Wow!' Martha, Ruby and Ben looked at each other and smiled. They had become friends.

On the way home that day Martha told her Dad about her new friends Ruby the Rhino and Ben the Monkey. She told her Dad about the big tower she made with Ben the Monkey. She told her Dad how she had learnt how to jump in puddles from Ruby the Rhino. She said that her school was a really special place because everyone in it was so different. Everyone had different voices and everyone looked different, and that made her school such an interesting place.

'It's fun to have a friend who is different from you!' said Martha.

Her Dad laughed, and said, 'Yes, you're right, it really is.' They laughed as they swung through the trees, and all the way back home.

The End.

To recap the story, ask the students...

'What happened in the story that made Martha feel sad?'

'Why did Martha like having a friend who was different from her?'

'What did Ruby the Rhino do that was kind?'

'What did Ben do to Martha?'

'What did Ben learn not to do?'

Conclusion

Ask students questions to recap what they have learnt during the lesson...

'How can we be a good friend?'

'Why is difference good?'

'Why shouldn't we tease or hurt other people?'

'What happened to Martha?'

Great job!

We hope you and your students enjoyed these lessons.

We'd love to hear what you thought:



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